

# A MOVEABLE FEAST

## BUSINESS MENU



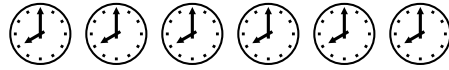
*ph. 207.761.9330*

**A Moveable Feast requires 24 hours notice for all orders/48 hours for cancellations.**

*Business Lunch Menu & Prices available for qualified businesses only!*

*All orders subject to 7% Maine Sales Tax.*

# GOOD MORNING!



## FRESH BAKED GOODS

### *ASSORTED EUROPEAN BISTRO PASTRIES*

Braided Pecan  
Cinnamon Swirl  
Lemon Crown  
Raspberry Crown  
Apple Turnover

### *ASSORTED MINI MUFFINS*

Blueberry  
Lemon Poppy  
Orange burst

### *COFFEE CAKES*

Cinnamon Crumb Coffee Cake

### *BAGELS*

*served w/ philadelphia cream cheese, butter & jam*

Cinnamon Raisin  
Plain  
Sesame  
Onion

### *PETITE SCONE SELECTIONS*

Cranberry Orange  
Blueberry  
Lemon Poppy

## PARISIAN ASSORTMENT

### *CROISSANT BASKET*

*with artisan jam & butter*

### *FRENCH BAGUETTE*

*w/ brie cheese & orange marmalade*

## FRUIT SELECTIONS

Seasonally Fresh Fruit & Berries  
Fruit Basket (*apples, pears, bananas, oranges*)  
Homemade Granola  
Yogurt Cups  
Vanilla Yogurt & Granola Cup  
Vanilla Yogurt & Fresh Berries Cup

## THE COFFEE CART

### **Coffee By Design Specialty Roasts**

*Custom blended for A Moveable Feast*

Regular & Decaf (*air pot / serves 8-10*)  
Tazo Tea Selection (*Tea pot / serves 8-10*)  
Tropicana Premium Orange Juice  
Ocean Spray Cranberry Juice  
Poland Springs ½ pints  
Poland Springs

# THE BREAKFAST TABLE

(10-person minimum)



## SCRAMBLED EGGS

**CHEESE:**

Vermont Sharp Cheddar  
French Feta  
Double New Gloucester

**VEGETABLE:**

Tomato  
Sautéed Peppers  
Sautéed Onions

## BREAKFAST SIDES:

Maple Bacon  
Fennel Sausage  
Canadian Bacon

**BREAKFAST POTATOES:**

Roasted Rosemary  
Sage & Apple  
Candied Sweet Potato  
Garlic Roasted

**BREAD ASSORTMENT:**

English Muffins  
Wheat, Sourdough or Rye Breads  
*\*All served with butter, Jam & toaster setup*

## FRENCH TOAST

*served w/ maple syrup & butter*

## QUICHES

*Large (serves 6) or Petite (1 dz)*

Spinach & Cheddar  
Ham & Swiss

## STRATA

Ham, Cheddar & Scallion  
Rosemary, Feta & Sun Dried Tomato  
Fennel, Sausage & French Brie

## FRITTATAS

Ham, Cheddar & Scallion  
Rosemary, Feta & Sun Dried Tomato  
Fennel, Sausage & French Brie

# ... GOOD AFTERNOON



## BISTRO SANDWICHES

(10 person minimum)

**RARE ROAST BEEF**.....w/boursin, lettuce & tomato  
**ROASTED TURKEY**.....w/cheddar, dijon crème fraîche, lettuce & tomato  
**BLACK FOREST HAM**.....w/cheddar, dijon crème fraîche, lettuce & tomato  
**SOLID WHITE TUNA SALAD**..... w/lemon, fresh dill, lettuce & tomato

## RETRO WRAPS

(10 person minimum)

**ROSY THE RIVETER**.....roast beef, diced red onion, greek olives, shredded parmesan, lettuce, boursin & dijon mustard  
**THE OLD MAN AND THE SEA**.....solid white tuna w/lemon, fresh dill, lettuce & tomato  
**PAPA'S KEY WEST CHICKEN**.....honey lime chicken, mango, red onion & chevre  
**THE GRAPES OF WRATH**.....chicken salad, tarragon, grapes & toasted almonds  
**THE GREEK TYCOON**.....gyros, feta, sun dried tomato aioli, lettuce & tomato  
**AL CAPONE**.....ham, genoa, provolone, lettuce, tomato, olives & caesar dressing  
**ROAD TO MOROCCO**.....hummus, tabouli, feta, olives, lettuce & tomato  
**THE HEP CAT**.....turkey, apples, bleu cheese, lettuce & apricot chutney  
**ROAD TO RIO**.....spicy buffalo chicken, lettuce, cucumber, ranch & bleu cheese  
**THE COTTON CLUB**.....turkey, bacon, lettuce, tomato & house ranch  
**LITTLE CAESAR**.....chicken caesar with shaved parmesan  
**LA DOLCE VITA**.....tomato, fresh mozzarella, basil & extra virgin olive oil  
**ELLIOT NESS**.....breaded eggplant, provolone, black olives, tomato & herb aioli  
**THE TUSCAN**.....chicken, cucumber, olive, roasted red peppers, lettuce, tomato, feta & balsamic  
**GUNGHA DIN**.....breaded chicken, curried honey mustard, lettuce, tomato & cashews

## HOMEMADE SOUP

### **BISQUE:**

Tomato Fennel Bisque  
Roasted Butternut Squash Bisque  
\*\*Lobster Bisque (market prices)

### **HOT SOUP:**

\*Asian Coconut Chicken & Dumpling  
Black Bean & Roasted Corn  
Venetian Chicken & Orzo  
Tuscan Minestrone  
Tortilla Soup with Grilled Chicken  
Carrot Ginger

### **CHILLED SOUP:**

Spicy Gazpacho  
\*Asparagus & Fresh Thyme  
Cantaloupe & Mint

### **CHILI & CHOWDER:**

\*New England Clam Chowder  
\*Chili Con Carne  
Vegetarian Chili

## QUICHE

Spinach & Cheddar Cheese  
Ham & Swiss  
Chicken, Apple & Cheddar  
Wild Mushroom & Gruyere

## HOT PASTA ENTREES

*Made with your choice of farfalle, penne or orzo*

GREEK CHICKEN.....w/lemon, feta, spinach ,fresh tomato, olive & fresh thyme  
CHICKEN CARBONARA.....w/italian ham, parmesan, petite peas & cream  
CHIPOTLE CHICKEN.....w/corn, black beans, cilantro, tomato and a chipotle cream sauce  
MARSALA CHICKEN...w/a rich mushroom marsala cream sauce  
CURRY CHICKEN...w/fresh vegetables, currents, curry and cashews  
CHICKEN & SPINACH GRATIN.....w/a tangy four cheese sauce & buttered bread crumb topping  
CORDON BLEU... w/chicken, ham, fresh herbs in a white wine jarlsberg cream sauce  
BEEF STROGANOFF ....w/sour cream, chives & fresh mushroom sauce  
FLORENTINE SAUSAGE..... w/cannelli beans, broccoli rabe, roasted pepper & garlic  
TRADITIONAL LASAGNA SPIRALS... rolled spiral style w/traditional beef marinara, ricotta, parmesan & topped with mozzarella  
VEGETARIAN LASAGNA SPIRALS..... rolled spiral style w/fire roasted vegetables, ricotta, parmesan & topped with mozzarella  
PARISIAN PEAR.....w/fresh pear, danish bleu cheese, toasted pecans  
PRIMAVERA....garden vegetables, lemon, light cream, parmesan  
STUFFED SHELLS...w/prosciutto, mushrooms and white cream sauce  
NUTMEG & RICOTTA STUFFED SHELLS...w/tomato sauce & mozzarella cheese  
PASTA JAMBALAYA...w/andouille, shrimp and spicy tomato sauce  
SHRIMP SCAMPI.....w/ garlic, butter, white wine and parsley  
GREEK SHRIMP SCAMPI.....w/butter, roasted garlic, parsley, feta, lemon, fresh tomato

## PASTA SALADS

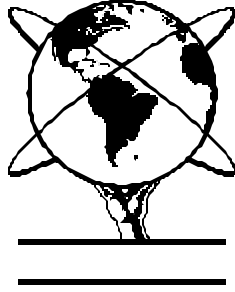
*Made with your choice of bowtie, penne or orzo*

VEGETABLE PATCH.....w/crisp fresh vegetables & sweet dijon vinaigrette  
CURRY CHICKEN.....w/apples, currents, cashews & creamy curry dressing  
SUMMER PICNIC.....light and healthy with pasta, four beans and fresh herbs  
ATHENS.....feta, petite peas, roasted peppers, sundried tomato, fresh thyme and evoo  
GREEK.....w/cucumbers, feta, tomato, olives, lemon, red pepper, pepperocinis & parsley  
THAI.....w/peanut chicken, cucumbers, red pepper, broccoli, pineapple & sesame ginger sauce  
TUSCAN ANTIPASTO.....w/genoa, mozzarella ,sundried tomato, roasted red pepper & olive  
ASIAN VEGETARIAN.....w/pickled ginger, pineapple, red pepper, cucumber & spicy peanut dressing

## GREEN SALADS

SPINACH SALAD.....w/baby spinach, pears, blue cheese & candied walnuts  
HOUSE SALAD.....w/Strawberries & toasted almonds, red onions, edible orchids  
GARDEN SALAD..... w/tomato, olive, cucumber, red onion, red pepper and carrot  
CAPRESE SALAD.....w/vine tomato, fresh mozzarella, fresh basil & extra virgin olive oil  
GREEK SALAD..... w/tomato, olive, cucumber, red onion, red pepper, feta and pepperocinis  
MANDARIN SALAD.....w/mandarin orange, red onion, chow mien noodles, edible orchids, sesame ginger  
CAESAR SALAD.....w/crisp romaine, garlic croutons & caesar dressing w/shaved parmesan (also available w/**chicken**)  
WALDORF SALAD.....w/marinated chicken, apples, walnuts, dried cranberries & bleu cheese  
SOUTHWEST SALAD.....w/grilled chicken, black beans, corn, jack cheese, tomato, red peppers & cilantro,  
BISTRO FILET SALAD...w/marinated steak, greens, vine tomato & bleu cheese  
COBB SALAD.....w/grilled chicken, bacon, avocado, egg, bleu cheese, tomato and cucumber  
WEDGE SALAD.....w/iceberg lettuce, ,bacon, tomato, ranch, bleu cheese & cracked black pepper  
RANCH POTATO SALAD.....w/red bliss potatoes & fresh dill  
ASIAN FENNEL COLE SLAW.....w/scallions, craisins & fennel

# A MOVEABLE FEAST



## INTERNATIONAL BUFFETS

*Tastes from around the globe will add zest to any business meeting!*

*20-person minimum*

**ASIAN BUFFET:** Thai Chicken & Peanut Noodles, Scallion & Chicken Dumplings, Egg rolls, Mandarin Salad, Lemon Squares

**GREEK BUFFET:** Spanikopita (*spinach & feta pie*), Rice Pilaf, Greek Salad, Lemon Squares

**MIDDLE EASTERN BUFFET:** Hummus, Tabouli, Pita Bread, Feta, Olives, Caponata, Rice Pilaf, Brownies

**MEXICAN BUFFET:** Beef & Chicken Fajitas (with all the fixings), Mexican Rice, Chips & Salsa, Brownies

**\*SPANISH BUFFET:** Classic Paella w/Shrimp, Chicken, & Sausage, Field Greens w/Kalamata Olives & Roasted Peppers, Key Lime Cheesecake

**ITALIAN BUFFET # 1:** Eggplant & Chicken Parmesan, Buttered Linguini, Antipasto Salad, Italian Pastries

**ITALIAN BUFFET # 2:** Chicken Marsala, Buttered Linguini, Caprese Salad (Fresh Mozzarella, Tomato & Basil), Italian Pastries

**ITALIAN BUFFET # 3:** Roasted Vegetable Lasagna Spirals, Garlic Bread, Garden Salad, Italian Pastries

**FRENCH BUFFET # 1:** Spinach, Bacon & Cheddar Quiche, Roasted Potatoes, Salad Niçoise, Petite Pastries

**FRENCH BUFFET # 2:** Beef Bourguignon, Fluffy Rice, Peasant Loaf, Field Greens, Triple Chocolate Bundt Cake

**\*FRENCH BUFFET # 3:** Seafood Bouillabaisse w/Shrimp, Crab, & Scallops, Crusty French Bread, Field Greens w/Lemon Vinaigrette, Petite Pastries

**AMERICAN BUFFET # 1:** Homemade Chicken Pot Pie w/mashed Potato topping, Squash Puree, Cranberry Chutney, Stuffing, Strawberry Angel Food Shortcake

**AMERICAN BUFFET # 2:** Yankee Pot Roast w/ Potatoes & Carrots, Bread & Butter, Boston Cream Pie

**\*CAJUN BUFFET # 1:** Jambalaya w/Shrimp & Andouille Sausage, Corn Bread, Field Greens w/Roasted Tomato Vinaigrette, Key Lime Cheesecake

**CAJUN BUFFET # 2:** Chicken Gumbo, Cajun Rice, Corn Bread, Field Greens w/Roasted Tomato Vinaigrette, Key Lime Cheesecake

# ♥ SWEETS ♥

## **ASSORTED FRESH BAKED COOKIES**

Chocolate Chip  
Oatmeal Raisin  
Peanut Butter  
Chocolate Reverse Chip  
White Chocolate Macadamia

## **ASSORTED BROWNIES**

Traditional fudge  
Chocolate Peanut Butter Chip  
Blondie's

## **DESSERT BARS**

Lemon Bars  
Snickers Bar  
Almond Shortbread Bar  
Chocolate Insanity Bar

## **PETITE TARTS & CAKES**

Bourbon Pecan Tart  
Chocolate Ganache  
Lemon Tart  
Vanilla Bean Cheesecake  
Raspberry Cheesecake  
Key Lime Cheesecake  
Cappuccino Cheesecake

## **EUROPEAN PETITE PASTRIES**

Cream Puffs  
Chocolate Éclairs  
Maple Éclairs  
Neapolitans  
Chocolate Symphony Cakes  
Toasted Almond Stack

## **PETITE WHOOPEE PIE**

Chocolate  
*w/butter cream center*  
*w/peanut butter center*  
Carrot Cake  
*w/cream cheese center*

## **TRIPLE CHOCOLATE BUNT CAKE**

## **NY STYLE CHEESECAKE**

# BEVERAGES

**Coffee By Design Specialty Roasts**.....*Custom blended for A Moveable Feast*

Regular & Decaf air pot/serves 10

Tazo Tea Selection / *carafe/serves 10*

## ...Homemade Beverages...

### Iced Tea

Fresh Sun Tea

Fresh Herbal Sun Tea

### Lemonade

Iced Green Tea Lemonade

Iced Black Tea Lemonade

Iced Cranberry Lemonade

## ...Standard Offerings...

Assorted Sodas

Poland Springs Water

Poland Spring 1/2 pints

Polar Sparkling

Assorted Juices

*Tropicana Premium Orange Juice*

*Ocean Spray Cranberry Juice*

*Tropicana Apple Juice*

Panna Italian Mineral Water *with fresh lemons*

San Pellegrino Italian Sparkling Water

San Pellegrino Limonata flavored Soda

San Pellegrino Aranciata Flavored Soda

# ADDITIONAL ITEMS

Corporate Event Set Up & Co-ordination

Fully Licensed/Insured Bar Service

Local Delivery/Set Up Fee.....varies per location

Event Chef's

Servers/Bartenders/Personnel

### TABLE SETTINGS:

*Priced upon request*

### CHINA:

*Priced upon request*

### PAPER PRODUCTS:

Large & Small Plates

Bowls

Napkin

Plastic Cutlery



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*Prices subject to change without notice*

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